

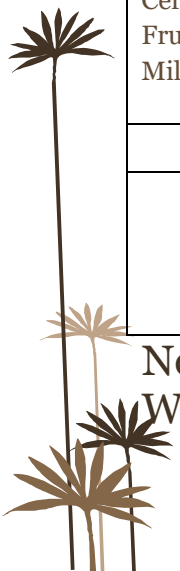
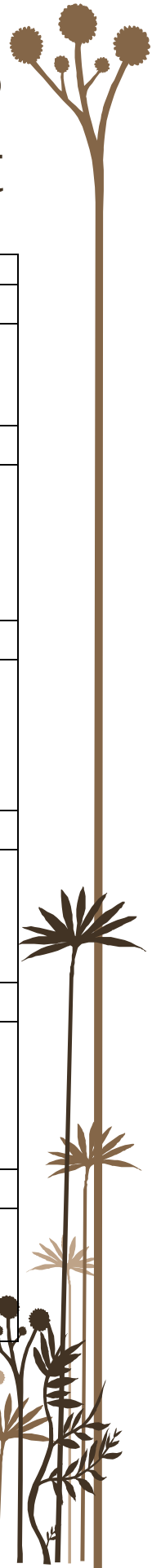
North Mac Unit Dist. #34

January 2016 Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
				1
4	5	6	7	8
	Oatmeal Cereal/Toast Fruit or Juice Milk	Muffins Cereal/Toast Fruit or Juice Milk	Bagel/Cream Cheese Cereal/Toast Fruit or Juice Milk	Mini Pancakes Cereal/Toast Fruit or Juice Milk
11	12	13	14	15
Sausage Cereal/Toast Fruit or Juice Milk	Biscuits and Gravy Cereal/Toast Fruit or Juice Milk	Cinnamon Roll Cereal/Toast Fruit or Juice Milk	Nutri-grain Bar Cereal/Toast Fruit or Juice Milk	Scrambled Eggs Cereal/Toast Fruit or Juice Milk
18	19	20	21	22
No school	Oatmeal Cereal/Toast Fruit or Juice Milk	Muffins Cereal/Toast Fruit or Juice Milk	Poptarts Cereal/Toast Fruit or Juice Milk	Breakfast Pizza Cereal/Toast Fruit or Juice Milk
25	26	27	28	29
Yogurt Cereal/Toast Fruit or Juice Milk	French Toast Cereal/Toast Fruit or Juice Milk	Sausage Cereal/Toast Fruit or Juice Milk	Breakfast on a Stick Cereal/Toast Fruit or Juice Milk	Donuts Cereal/Toast Fruit or Juice Milk
	K-8 Juice offered on Tues. & Thurs. 9-12 Juice offered every day.			

Notes: Milk Choices include Fat Free Chocolate and 1% White Milk Every day.

Menu Subject to Change without Notice.



North Mac February 2016

Unit Dist. #34 Breakfast

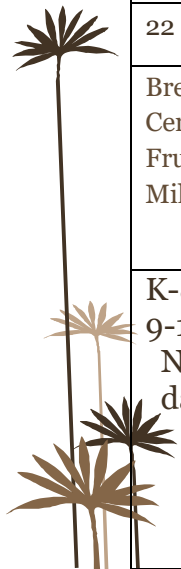
Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Muffins Cereal/Toast Fruit or Juice Milk	Oatmeal Cereal/Toast Fruit or Juice Milk	Biscuits and Gravy Cereal/Toast Fruit or Juice Milk	Bagel/Cream Cheese Cereal/Toast Fruit or Juice Milk	Donuts Cereal/Toast Fruit or Juice Milk
8	9	10	11	12
Rice Cereal/Toast Fruit or Juice Milk	Sausage Cereal/Toast Fruit or Juice Milk	Cinnamon Roll Cereal/Toast Fruit or Juice Milk	Nutri-grain Bar Cereal/Toast Fruit or Juice Milk	Scrambled Eggs Cereal/Toast Fruit or Juice Milk
15	16	17	18	19
No School	Oatmeal Cereal/Toast Fruit or Juice Milk	Fruit & Yogurt Parfait Cereal/Toast Fruit or Juice Milk	Poptarts Cereal/Toast Fruit or Juice Milk	Omelet Cereal/Toast Fruit or Juice Milk
22	23	24	25	26
Breakfast Pizza Cereal/Toast Fruit or Juice Milk	Breakfast on a Stick Cereal/Toast Fruit or Juice Milk	Mini Pancakes Cereal/Toast Fruit or Juice Milk	Sausage Cereal/Toast Fruit or Juice Milk	Yogurt Cereal/Toast Fruit or Juice Milk

K-8 Juice offered on Tues. & Thurs.

9-12 Juice offered every day.

Notes: Milk Choices include Fat Free Chocolate and 1% White Milk Every day.

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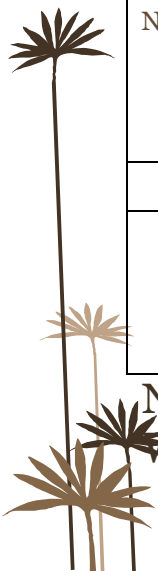
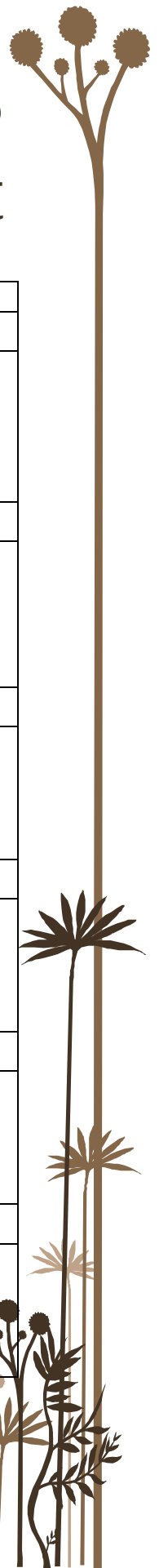
North Mac Unit Dist. #34

March 2016 Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Feb. 29	1	2	3	4
Biscuits and Gravy Cereal/Toast Fruit or Juice Milk	Sausage Cereal/Toast Fruit or Juice Milk	Omelet Cereal/Toast Fruit or Juice Milk	Breakfast on a Stick Cereal/Toast Fruit or Juice Milk	Mini Pancakes Cereal/Toast Fruit or Juice Milk
7	8	9	10	11
No School	Oatmeal Cereal/Toast Fruit or Juice Milk	Muffins Cereal/Toast Fruit or Juice Milk	Bagel/Cream Cheese Cereal/Toast Fruit or Juice Milk	Breakfast on a Stick Cereal/Toast Fruit or Juice Milk
14	15	16	17	18
Donuts Cereal/Toast Fruit or Juice Milk	Mini Pancakes Cereal/Toast Fruit or Juice Milk	Cinnamon Roll Cereal/Toast Fruit or Juice Milk	Nutri-grain Bar Cereal/Toast Fruit or Juice Milk	Scrambled Eggs Cereal/Toast Fruit or Juice Milk
21	22	23	24	25
Breakfast Pizza Cereal/Toast Fruit or Juice Milk	Oatmeal Cereal/Toast Fruit or Juice Milk	Muffins Cereal/Toast Fruit or Juice Milk	Poptarts Cereal/Toast Fruit or Juice Milk	No School
28	29	30	31	
No School	No school	Waffles Cereal/Toast Fruit or Juice Milk	Breakfast on a Stick Cereal/Toast Fruit or Juice Milk	
	K-8 Juice offered on Tues. & Thurs. 9-12 Juice offered every day.			


Notes: Milk Choices include Fat Free Chocolate and 1% White Milk Every day.

Menu Subject to Change without Notice.



North Mac Unit Dist. #34

April 2016 Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				Rice Cereal/Toast Fruit or Juice Milk
4	5	6	7	8
Yogurt Cereal/Toast Fruit or Juice Milk	French Toast Cereal/Toast Fruit or Juice Milk	Muffins Cereal/Toast Fruit or Juice Milk	Bagel/Cream Cheese Cereal/Toast Fruit or Juice Milk	Mini Pancakes Cereal/Toast Fruit or Juice Milk
11	12	13	14	15
Biscuits and Gravy Cereal/Toast Fruit or Juice Milk	Sausage Cereal/Toast Fruit or Juice Milk	Cinnamon Roll Cereal/Toast Fruit or Juice Milk	Nutri-grain Bar Cereal/Toast Fruit or Juice Milk	Scrambled Eggs Cereal/Toast Fruit or Juice Milk
18	19	20	21	22
Breakfast Pizza Cereal/Toast Fruit or Juice Milk	Oatmeal Cereal/Toast Fruit or Juice Milk	Muffins Cereal/Toast Fruit or Juice Milk	Poptarts Cereal/Toast Fruit or Juice Milk	Omelet Cereal/Toast Fruit or Juice Milk
25	26	27	28	29
Yogurt Cereal/Toast Fruit or Juice Milk	French Toast Cereal/Toast Fruit or Juice Milk	Sausage Cereal/Toast Fruit or Juice Milk	Breakfast on a Stick Cereal/Toast Fruit or Juice Milk	Donuts Cereal/Toast Fruit or Juice Milk
	K-8 Juice offered on Tues. & Thurs. 9-12 Juice offered every day.			

Notes: Milk Choices include Fat Free Chocolate and 1% White Milk Every day.

Menu Subject to Change without Notice.

