

North Mac Unit Dist. #34

August 2016 Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
Institute Day	Institute Day	Breakfast on a Stick Cereal/Toast Fruit or Juice Milk	Donuts Cereal/Toast Fruit or Juice Milk	Scrambled Eggs Cereal/Toast Fruit or Juice Milk
22	23	24	25	26
Biscuits and Gravy Cereal/Toast Fruit or Juice Milk	Egg Omelets Cereal/Toast Fruit or Juice Milk	Muffins Cereal/Toast Fruit or Juice Milk	Poptarts Cereal/Toast Fruit or Juice Milk	Breakfast Pizza Cereal/Toast Fruit or Juice Milk
29	30	31		
Yogurt Cereal/Toast Fruit or Juice Milk	French Toast Cereal/Toast Fruit or Juice Milk	Sausage Cereal/Toast Fruit or Juice Milk		
	K-8 Juice offered on Tues. & Thurs. 9-12 Juice offered every day.			

Notes: Milk Choices include Fat Free Chocolate and 1% White Milk Every day.

Menu Subject to Change without Notice.

North Mac August 2016 Unit Dist. #34 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
8	9	10	11	12
15 Institute Day	16 Institute Day	17 Mini Corn Dogs Baked Beans Carrots Fruit Milk	18 Hamburger on Bun Tater Tots Celery/Dip Fruit Milk	19 Pizza Romaine Salad Fruit Ice Cream Milk
22 Fish on Bun Carrots String Cheese Fruit Milk	23 Chicken Nuggets Mashed Potatoes/Gravy Green Beans Fruit Milk	24 Hot Dog on Bun Chips Celery/Dip Peas Fruit Milk	25 Pulled Pork on Bun Baked Beans Broccoli Fruit Milk	26 Quesadillas Romaine Salad Fruit Milk
29 Rib on Bun Potato Rounds Ketchup Fruit Milk	30 Chicken Patty on Bun Green Beans Fruit Pudding Milk	31 Beef & Noodles Roll Carrots Fruit Milk		
Monday Alternate: Ham & Cheese	Tuesday Alternate: PB & J	Wednesday Alternate: Turkey	Thursday Alternate: PB&J	Friday Alternate: Ham & Cheese

Notes: NMHS and NMMS will serve Salad Bar Everyday

Milk Choices include Fat Free Chocolate and 1% White Milk Everyday.

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