North Mac Unit Dist. #34

January 2017 Breakfast

No School 10 Biscuits and Gravy Cereal/Toast Fruit or Juice Milk 17 Oatmeal Cereal/Toast	4 Muffins Cereal/Toast Fruit or Juice Milk 11 Cinnamon Roll Cereal/Toast Fruit or Juice Milk 18 Muffins	5 Bagel/Cream Cheese Cereal/Toast Fruit or Juice Milk 12 Nutrigrain Bar Cereal/Toast Fruit or Juice Milk 19	6 Mini Pancakes Cereal/Toast Fruit or Juice Milk 13 Scrambled Eggs Cereal/Toast Fruit or Juice Milk 20
10 Biscuits and Gravy Cereal/Toast Fruit or Juice Milk 17 Oatmeal Cereal/Toast	Cereal/Toast Fruit or Juice Milk 11 Cinnamon Roll Cereal/Toast Fruit or Juice Milk 18 Muffins	Cheese Cereal/Toast Fruit or Juice Milk 12 Nutrigrain Bar Cereal/Toast Fruit or Juice Milk 19	Cereal/Toast Fruit or Juice Milk 13 Scrambled Eggs Cereal/Toast Fruit or Juice Milk
Biscuits and Gravy Cereal/Toast Fruit or Juice Milk 17 Oatmeal Cereal/Toast	Cinnamon Roll Cereal/Toast Fruit or Juice Milk 18 Muffins	Nutrigrain Bar Cereal/Toast Fruit or Juice Milk	Scrambled Eggs Cereal/Toast Fruit or Juice Milk
Cereal/Toast Fruit or Juice Milk 17 Oatmeal Cereal/Toast	Cereal/Toast Fruit or Juice Milk 18 Muffins	Cereal/Toast Fruit or Juice Milk	Cereal/Toast Fruit or Juice Milk
Oatmeal Cereal/Toast	Muffins	-	20
Cereal/Toast			
Fruit or Juice Milk	Cereal/Toast Fruit or Juice Milk	Poptarts Cereal/Toast Fruit or Juice Milk	Breakfast Pizza Cereal/Toast Fruit or Juice Milk
24	25	26	27
French Toast Cereal/Toast Fruit or Juice Milk	Sausage Cereal/Toast Fruit or Juice Milk	Breakfast on a Stick Cereal/Toast Fruit or Juice Milk	Donuts Cereal/Toast Fruit or Juice Milk
31			
Oatmeal Muffins Cereal/Toast Cereal/Toast Fruit or Juice Fruit or Juice Milk Milk			
K-8 Juice offered on			
	Fruit or Juice Milk 31 Muffins Cereal/Toast Fruit or Juice Milk K-8 Juice offered on	Fruit or Juice Milk S1 Muffins Cereal/Toast Fruit or Juice Milk	Fruit or Juice Milk Fruit or Juice Milk Milk Milk Milk Milk K-8 Juice offered on Tues. & Thurs.

Notes: Milk Choices include Fat Free Chocolate and 16 White Milk Everyday.

Menu Subject to Change without Notice.

