

North Mac Unit October 2014

Dist. #34 Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Sausage Cereal/Toast Fruit or Juice Milk	Breakfast on a Stick Cereal/Toast Fruit or Juice Milk	Mini Pancakes Cereal/Toast Fruit or Juice Milk
6	7	8	9	10
Biscuits and Gravy Cereal/Toast Fruit or Juice Milk	Oatmeal Cereal/Toast Fruit or Juice Milk	Muffins Cereal/Toast Fruit or Juice Milk	Bagel/Cream Cheese Cereal/Toast Fruit or Juice Milk	No School
13	14	15	16	17
No school	Sausage Cereal/Toast Fruit or Juice Milk	Cinnamon Roll Cereal/Toast Fruit or Juice Milk	Nutrigrain Bar Cereal/Toast Fruit or Juice Milk	Scrambled Eggs Cereal/Toast Fruit or Juice Milk
20	21	22	23	24
Breakfast Pizza Cereal/Toast Fruit or Juice Milk	Oatmeal Cereal/Toast Fruit or Juice Milk	Muffins Cereal/Toast Fruit or Juice Milk	Poptarts Cereal/Toast Fruit or Juice Milk	No School
27	28	29	30	31
Yogurt Cereal/Toast Fruit or Juice Milk	French Toast Cereal/Toast Fruit or Juice Milk	Sausage Cereal/Toast Fruit or Juice Milk	Breakfast on a Stick Cereal/Toast Fruit or Juice Milk	Donuts Cereal/Toast Fruit or Juice Milk
	K-8 Juice offered on Tues. & Thurs. 9-12 Juice offered everyday.			

Notes: Milk Choices include Fat Free Chocolate and 1% White Milk Everyday.

Menu Subject to Change without Notice.