

North Mac Unit Dist. #34

October 2015 Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	1	2
Yogurt Cereal/Toast Fruit or Juice Milk	French Toast Cereal/Toast Fruit or Juice Milk	Sausage Cereal/Toast Fruit or Juice Milk	Breakfast on a Stick Cereal/Toast Fruit or Juice Milk	Mini Pancakes Cereal/Toast Fruit or Juice Milk
5	6	7	8	9
Biscuits and Gravy Cereal/Toast Fruit or Juice Milk	Oatmeal Cereal/Toast Fruit or Juice Milk	Bagel/Cream Cheese Cereal/Toast Fruit or Juice Milk	Muffins Cereal/Toast Fruit or Juice Milk	No School
12	13	14	15	16
No school	Sausage Cereal/Toast Fruit or Juice Milk	Scrambled Eggs Cereal/Toast Fruit or Juice Milk	Nutrigrain Bar Cereal/Toast Fruit or Juice Milk	Cinnamon Rolls Cereal/Toast Fruit or Juice Milk
19	20	21	22	23
Breakfast Pizza Cereal/Toast Fruit or Juice Milk	Oatmeal Cereal/Toast Fruit or Juice Milk	Muffins Cereal/Toast Fruit or Juice Milk	Poptarts Cereal/Toast Fruit or Juice Milk	No School
26	27	28	29	30
Yogurt Cereal/Toast Fruit or Juice Milk	French Toast Cereal/Toast Fruit or Juice Milk	Sausage Cereal/Toast Fruit or Juice Milk	Breakfast on a Stick Cereal/Toast Fruit or Juice Milk	Donuts Cereal/Toast Fruit or Juice Milk
	K-8 Juice offered on Tues. & Thurs. 9-12 Juice offered every day.			

Notes: Milk Choices include Fat Free Chocolate and 1% White Milk Every day.

Menu Subject to Change without Notice.