

North Mac Unit Dist. #34

October 2014 Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| | | 1 Sloppy Joe Salad Fruit Milk | 2 Pizza Corn Apples with Dip Milk | 3 Chicken Nuggets Ketchup Mashed Potatoes Fruit Ice Cream Milk |
| 6 Chicken Sandwich Potato Rounds Ketchup Fruit Milk | 7 Chicken Strips Green Beans Fruit Pudding Milk | 8 Mostaccioli Salad Carrots Fruit Milk | 9 Fiestada Salsa Baked Beans Fruit Milk | 10 No School |
| 13 No School | 14 Rib Sandwich Broccoli Fruit Pudding Milk | 15 Rotini & Meat Sauce Green Beans Fruit Roll/Butter Milk | 16 Nachos w/meat & Salsa Refried Beans Carrots Fruit Milk | 17 Chicken Nuggets Ketchup Peas Fruit Ice Cream Milk |
| 20 Sloppy Joe Sandwich Cottage Cheese Pork & Beans Fruit Milk | 21 Italian Dunkers Marinara Salad Fruit Milk | 22 Chicken & Noodles Spinach Carrots Raisins Milk | 23 Ravioli Green Beans Fruit Roll Milk | 24 No School |
| 27 Deli Sub Sandwich Coleslaw Fruit Cookie Milk | 28 Cheeseburgers Chips Peas Pears in Jello Milk | 29 Pizza Green Beans Ice Cream Fruit Milk | 30 Taco Meat/Cheese/Lettuce Refried Beans Carrots Fruit Milk | 31 Baked Chicken Mac & Cheese Broccoli Fruit/Ice Cream Milk |
| Monday Alternate: Ham & Cheese | Tuesday Alternate: PB & J | Wednesday Alternate: Turkey | Thursday Alternate: PB&J | Friday Alternate: Ham & Cheese |

Notes: NMHS and NMMS will serve Salad Bar Everyday

Milk Choices include Fat Free Chocolate and 1% White Milk Everyday.

Menu Subject to Change without Notice.

