

# North Mac Unit Dist. #34

# Sept. 2014 Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
No School	Yogurt Cereal/Toast Fruit or Juice Milk	Sausage Cereal/Toast Fruit or Juice Milk	Breakfast on a Stick Cereal/Toast Fruit or Juice Milk	Mini Pancakes Cereal/Toast Fruit or Juice Milk
8	9	10	11	12
Breakfast Pizza Cereal/Toast Fruit or Juice Milk	Oatmeal Cereal/Toast Fruit or Juice Milk	Muffins Cereal/Toast Fruit or Juice Milk	Bagel/Cream Cheese Cereal/Toast Fruit or Juice Milk	Omelet Cereal/Toast Fruit or Juice Milk
15	16	17	18	19
Waffles Cereal/Toast Fruit or Juice Milk	Cinnamon Roll Cereal/Toast Fruit or Juice Milk	Sausage Cereal/Toast Fruit or Juice Milk	Nutrigrain Bar Cereal/Toast Fruit or Juice Milk	Scrambled Eggs Cereal/Toast Fruit or Juice Milk
22	23	24	25	26
Breakfast Pizza Cereal/Toast Fruit or Juice Milk	Oatmeal Cereal/Toast Fruit or Juice Milk	Muffins Cereal/Toast Fruit or Juice Milk	Bagel/Cream Cheese Cereal/Toast Fruit or Juice Milk	Omelet Cereal/Toast Fruit or Juice Milk
29	30	1	2	3
French Toast Cereal/Toast Fruit or Juice Milk	Yogurt Cereal/Toast Fruit or Juice Milk	Sausage Cereal/Toast Fruit or Juice Milk	Breakfast on a Stick Cereal/Toast Fruit or Juice Milk	Mini Pancakes Cereal/Toast Fruit or Juice Milk

**Notes: Milk Choices include Fat Free Chocolate  
and 1% White Milk Everyday.**

Menu Subject to Change without Notice.