North Mac Unit Dist. #34

Sept. 2015 Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday	
31	1	2	3	4	
Scrambled Eggs Cereal/Toast Fruit or Juice Milk	Poptarts Cereal/Toast Fruit or Juice Milk	Sausage Cereal/Toast Fruit or Juice Milk	Breakfast on a Stick Cereal/Toast Fruit or Juice Milk	Mini Pancakes Cereal/Toast Fruit or Juice Milk	
7	8	9	10	11	
No School	Oatmeal Cereal/Toast Fruit or Juice Milk	Bagel/Cream Chhese Cereal/Toast Fruit or Juice Milk	Muffins Cereal/Toast Fruit or Juice Milk	Yogurt Cereal/Toast Fruit or Juice Milk	
14	15	16	17	18	
Biscuits and Gravy Cereal/Toast Fruit or Juice Milk	Sausage Cereal/Toast Fruit or Juice Milk	Cinnamon Roll Cereal/Toast Fruit or Juice Milk	Nutrigrain Bar Cereal/Toast Fruit or Juice Milk	Scrambled Eggs Cereal/Toast Fruit or Juice Milk	
21	22	23	24	25	
Breakfast Pizza Cereal/Toast Fruit or Juice Milk	Oatmeal Cereal/Toast Fruit or Juice Milk	Muffins Cereal/Toast Fruit or Juice Milk	Poptarts Cereal/Toast Fruit or Juice Milk	Donuts Cereal/Toast Fruit or Juice Milk	
28	29	30			
Yogurt Cereal/Toast Fruit or Juice Milk	French Toast Cereal/Toast Fruit or Juice Milk	Sausage Cereal/Toast Fruit or Juice Milk			
	K-8 Juice offered on Tues. & Thurs.				
	9-12 Juice offered every day.				. 0

Notes: Milk Choices include Fat Free Chocolate and 1% White Milk Every day.

