

North Mac Unit Dist. #34

Sept. 2014 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 No School	2 Chicken & Noodles Carrots Pears Milk	3 Pizza Green Beans Potato Wedges Mixed Fruit Milk	4 Taco Meat Tortilla Chips Refried Beans Applesauce Milk	5 Mac & Cheese Broccoli Sweet Potatoes Apricots/Ice Cream Milk
8 Chicken Sandwich Potato Rounds Ketchup Pineapple Milk	9 Mostaccioli Green Beans Pears Pudding Milk	10 Chicken Strips Salad Carrots Applesauce Milk	11 Fiestada Bean & Corn Salad Peaches Milk	12 Salisbury Steak & Gravy Mashed Potatoes Banana Breadsticks Milk
15 Grilled Cheese Tomato Soup Carrots Peaches Cookie Milk	16 Rib Sandwich Broccoli Apricots Pudding Milk	17 Rotini & Meat Sauce Green Beans Pears Roll/Butter Milk	18 Taco Salad Refried Beans Carrots Apple Milk	19 Chicken Nuggets BBQ Sauce Peas Strawberries Ice Cream Milk
22 Pulled Pork Sandwich Cottage Cheese Fries Pineapple Milk	23 Chicken & Wild Rice Salad Fruit Juice Cookie Milk	24 Italian Dunkers Spinach Carrots Raisins Milk	25 Ravioli Green Beans Pears Roll Milk	26 Mini Corn Dogs Baked Beans Sweet Potatoes Peaches Milk
29 Deli Sub Sandwich Coleslaw Applesauce Cookie Milk	30 Chili Carrots/Celery/Cheese Peas Pears in Jello Milk	1 Sloppy Joes Salad Mandarin Oranges Milk	2 Pizza Corn Apples with Dip Milk	3 Chicken Nuggets Potato Rounds Ketchup Pineapple/Ice Cream Milk
Monday Alternate: Ham & Cheese	Tuesday Alternate: PB & J	Wednesday Alternate: Turkey	Thursday Alternate: PB&J	Friday Alternate: Ham & Cheese

Notes: NMHS and NMMS will serve Salad Bar Everyday

Milk Choices include Fat Free Chocolate and 1% White Milk Everyday.

Menu Subject to Change without Notice.