

Mr. Love

8<sup>th</sup> Grade

Health

Course Aims

The Learners will be able to discuss different types of relationships i.e. family, friends, and dating. They will practice communication skills including refusal skills and how to deal with peer pressure. The learners will be able to define abstinence and discuss the importance of practicing abstinence. Discussions and projects will be held to introduce the topics of: Sex, STD's, Marriage, and Parenting. The learners will be able to identify different consumer choices of health care including medications, insurances, and making educated decisions when making these choices. Further knowledge will be given covering the eight body systems. The topic of illegal drugs will be taught by assisting the learners to know the difference between legal and illegal types of drugs, their effects on the body, and the dangers of using these illegal drugs. The learners will finish their health program with coverage of diseases of which they will be able to distinguish between communicable and non-communicable, treatments and preventions, and ramifications of acquiring some of these diseases and how it can affect their lives.

**Textbook:**

TEEN HEALTH

ISBN: 978-0-07-877449-2

Authors: Bronson, Hubbard, Cleary

Publisher: McGraw-Hill

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**Assessment:**

A pretest will be given to all eighth grade students to determine a baseline of knowledge. Daily homework of lesson questions and vocabulary words will be given after each lesson covered. Intermittent projects, chapter Concept Maps/Quizzes will be given as review work prior to each chapter TEST. A final Quarter exam will be given to show student's progress.

<i>Content</i>	<i>Assessment</i>	<i>Standards</i>	<i>Common Core</i>
<p><b>Chapter 5</b></p> <ul style="list-style-type: none"> <li>• Friendships During Adolescence</li> <li>• Communication Skills</li> <li>• Peer Pressure and Refusal Skills</li> <li>• Limits and Abstinence</li> </ul>	<ul style="list-style-type: none"> <li>• Daily Homework</li> <li>• Concept maps/Quizzes</li> <li>• Chapter TEST</li> </ul>	23.C.3; 24.A.3c	<p>#23</p> <p>Understand human body systems and factors that influence growth and development.</p>
<p><b>Chapter 6</b></p> <ul style="list-style-type: none"> <li>• You and your relationships</li> <li>• Getting along with Your Family</li> <li>• Marriage and Parenthood</li> </ul>	<ul style="list-style-type: none"> <li>• Daily Homework</li> <li>• Concept maps/Quizzes</li> <li>• Project</li> <li>• Chapter TEST</li> </ul>	24.C.3; 24.B.3; 22.B.4	<p>#24</p> <p>Promote and enhance health and wellbeing through The use of effective communication and decision-making skills.</p>
<p><b>Chapter 14</b></p> <ul style="list-style-type: none"> <li>• Drug Misuse and Abuse</li> <li>• Marijauna and Other Illegal Drugs</li> <li>• Narcotics, Stimulants, and Depressants</li> <li>• Hallucinogens and Inhalants</li> <li>• Getting Help</li> <li>• Staying Drug Free</li> </ul>	<ul style="list-style-type: none"> <li>• Daily Homework</li> <li>• Concept maps/Quizzes</li> <li>• Chapter TEST</li> </ul>		<p>#22</p> <p>Understand principles of health promotion and the prevention and treatment of illness and injury.</p>
<p><b>Chapter 15</b></p> <ul style="list-style-type: none"> <li>• Personal Health Care</li> <li>• Being a Smart Health Consumer</li> <li>• Using Medicines Wisely</li> <li>• Choosing Health Services</li> <li>• Public Health</li> </ul>	<ul style="list-style-type: none"> <li>• Daily Homework</li> <li>• Concept maps/Quizzes</li> <li>• Chapter TEST</li> </ul>	23.A.3	

***Chapter 16***

- Skeletal System
- Muscular System
- Circulatory System
- Respiratory System
- Nervous System
- Digestive & Excretory Systems
- Endocrine System
- Reproductive System

- Daily Homework
- Concept Maps/Quizzes
- Chapter TEST

23.A.3; 23.B.3

**Chapter 18**

- Preventing the Spread of Disease
- Body's Defenses Against Infection
- Common Communicable Diseases
- Sexually Transmitted Diseases
- HIV/AIDS

**Chapter 19**

- Causes of Non-communicable Diseases
- Cancer
- Heart and Circulatory Problems
- Diabetes and Arthritis
- Allergies and Asthma

- Daily Homework
- Concept maps/Quizzes
- Chapter TEST

22.B.3; 23.B.3

- Daily Homework
- Concept maps/Quizzes
- Chapter TEST

22.C.3a; 22.C.3b;  
22.A.3a; 22.A.3b;  
22.A.4a

