



**North Mac CUSD #34**  
**Intermediate School Information**  
**217-627-2419**

**Today is Thursday, October 24, 2019**

**News:**

NMIS dismisses at 1:30 p.m. every Wednesday.

**Red Ribbon Week will be celebrated with theme days October 28 - November 1.**

**Reminders:**

Cheer camp forms for girls 6-14 years old are due Friday, November 1.

**Week at a glance:**

Friday, October 25 4<sup>th</sup> grade field trip to Cahokia Mounds @ 8:15 a.m.

Sunday, October 3 Move your clocks back 1 hour.

Tuesday, November 5 Family Reading Night 6:00-7:15 p.m.

Monday, November 11 Veteran's Day program time TBA

Wednesday, November 13 NMSD Board meeting @ NMHS 6:30 p.m.

Tuesday, November 19 Picture re-take day

**Lunch Menu:**

• **Thursday 10-24**

Breakfast: Cheese omelet, toast, fruit, juice, milk

Lunch: Toasted ravioli, marinara, carrots w/ranch, frozen yogurt, fruit, milk

• **Friday 10-25**

Breakfast: Donut holes, fruit, juice, milk

Lunch: Pizza, salad, fruit, milk

• **Monday 10-28**

Breakfast: Breakfast bar, fruit, juice, milk

Lunch: Chicken strips, mashed potatoes, gravy, roll, fruit, milk

• **Tuesday 10-29**

Breakfast: French toast, fruit, juice, milk

Lunch: Tater tot casserole, spinach salad, roll, fruit, milk

• **Wednesday 10-30**

Breakfast: Cinnamon roll, fruit, juice, milk

Lunch: Cheeseburger, green beans, fruit, milk

• **Thursday 10-31**

Breakfast: Cereal w/pop tart, fruit, juice, milk

Lunch: Beef nachos, salsa, refried beans, Rice Krispy treat, fruit, milk

• **Friday 11-1**

Breakfast: Dutch waffle, fruit, juice, milk

Lunch: Pizza calzone, marinara, carrot sticks w/ranch, sorbet, milk