



North Mac CUSD #34

Elementary School Information

217/965-5424

Today is Thursday, November 14th, 2019

News:

- DID YOU KNOW?
 - Children need from 9-11 hours of sleep nightly for good brain development, and recovery from a day of school work.
 - Young children who are absent from school are much less likely to read at grade level by the end of third grade.
 - These same children are four times MORE likely to drop out of High School than those who are proficient readers.
 - Having children help decide “what’s next?” during home chores helps them build a mental framework for critical thinking that can serve them for the rest of their life.
 - Word search puzzles help children identify site words, and expands their ability to read.
 - These same word search puzzles have been proven to stimulate the minds of the elderly – helping them stay “sharp.”
 - The average child with a parent in the military moves every two to three years.
 - Teaching your child how to introduce themselves can help them make new friends.
 - Having your child practice/verbalize good choices helps them build that to be a good habit.

Reminders:

- Please make sure your child has appropriate coats, footwear, and everything they need as the weather gets colder!
- The deadline to pay registration and fees is November 15, 2019.
- Every Wednesday is School Improvement Early Dismissal at 1:20pm.
- 11/18-11/22 – Honor Flight Jeans Week
- Picture re-take day will be November 19th.
- 11/26 – Byron von Rosenberg, author of “I don’t want to kiss a llama” will be our guest at 1pm.

Week at a glance:

- 11/14 – Family Reading Night - 6p -7:15p - Come and enjoy the Dulcimer Guy

Lunch Menus:

- Thursday, November 14th -
 - Breakfast – Cheese Omelet, Toast, Fruit, Juice and Milk
 - Lunch –Beef Tacos, Salsa, Salad, Fruit and Milk
- Friday, November 15th -
 - Breakfast – Donut Holes, Fruit, Juice and Milk
 - Lunch – Pizza Rolls, Marinara, Steamed Broccoli, Sorbet and Milk