



North Mac CUSD #34

Elementary School Information

217/965-5424

Today is Monday, November 4th 2019

News:

- Time for that cold weather gear! Take a moment this week to assess what your child will need for the cold weather ahead. Some suggestions are: A warm coat that fits well; a hat or hood; warm gloves; water proof shoes or boots.
- Strengthen Social Skills – Practice Sharing: Try an activity with your child that requires sharing. For Example, color together, and let the child practice asking for the purple or green crayon nicely. Help your child understand ways to handle the situation if someone doesn't want to share with them.
- Share a laugh with your child. Here's one to get you started: What has two legs but doesn't walk or run?
 - Answer: A pair of pants!

Reminders:

- 11/11 – Veteran's Day Program, North Mac High School, 9am at the Berry Gymnasium.
- 11/13 -- Board Meeting -- public invited!
- 11/14 – Family Reading Night 6pm-7:15pm.
- 11/19 -- Picture re-take day.
- 11/26 – Byron von Rosenberg, author of "I don't want to kiss a llama" will be our guest at 1pm.

Week at a glance:

- Tuesday, November 5th – Election Day
- Wednesday, November 6th – School Improvement Early Dismissal (1:20)

Lunch Menus:

- Monday, November 4th -
 - Breakfast – Chocolate Bread Slice, Fruit, Juice and Milk
 - Lunch – Sloppy Joe, Emoji Potato Smiles, Fruit and Milk
- Tuesday, November 5th -
 - Breakfast – Cereal w/Nutrigrain Bar, Fruit, Juice and Milk
 - Lunch – Beef Nachos, Salsa, Refried Beans, Fruit and Milk
- Wednesday, November 6th -
 - Breakfast – Pancakes, Fruit, Juice and Milk
 - Lunch – Ham & Cheese Sandwich, Carrot Sticks w/Ranch, Cherry Tomatoes, Fruit and Milk
- Thursday, November 7th -
 - Breakfast – Breakfast Wrap, Fruit, Juice and Milk
 - Lunch – Chicken Patty Sandwich, Garden Salad, Fruit and Milk
- Friday, November 8th -
 - Breakfast – Cereal w/Muffin, Fruit, Juice and Milk
 - Lunch – Pizza, California Blend Veggies, Sorbet and Milk