



North Mac CUSD #34

Elementary School Information

217/965-5424

Today is Friday, March 13th, 2020

News:

- It's Book Fair Time!
 - One of our favorite events is upon us again! Our Spring Book Fair is scheduled from March 30th until April 3rd. The children look forward to this event for months. To help encourage lifelong, strong reading habits, the children have the opportunity to "shop" for their favorites. We need "grown-up" reader/shoppers to help encourage the children with their choices; and also, teach them about handling money. Do you have a little bit of time that you could donate to our children? During the fair, the store will be open daily from 8-9am and 2:15-3pm. Your duties would be to help an individual child search for treasures with the monies sent from home. Everyone has a great deal of fun, and the children absolutely love it. If you can donate some time, please contact the school at the number listed above, and ask for the Book Fair Coordinator. She will be happy to work with your schedule. Thank you for helping support our students and their love of reading!
- National Nutrition Month – CLEAN FIFTEEN and the DIRTY DOZEN
 - Organic food is often more expensive than non-organic food, but that doesn't mean you can't eat "cleaner." Select certain organic items to purchase, while others you can buy conventional. The Environmental Working Group has a list of produce they call the "Clean Fifteen," which are the least pesticide-ridden fruits and vegetables: avocados, sweet corn, pineapples, cabbage, frozen peas, onions, asparagus, mushrooms, papayas, kiwis, eggplant, honeydew melon, cantaloupe, cauliflower and broccoli.
 - Their "Dirty Dozen," or non-organic produce with the most pesticides, are: strawberries, spinach, kale, nectarines, apples, grapes, peaches, cherries, pears, tomatoes, celery, potatoes, and hot peppers.
 - Compare to what's on your shopping list, and consider purchasing accordingly.

Reminders:

- 3/23 – OrganWise Guys at Elementary
- 3/24 – Pre-K Family Night with Absolute Science – 6p-7:15p – Elementary Gym
- 3/25 – District Board Meeting, 6:30p, HS Media Center, Elementary Providing Presentation to Public. Public is invited.
- 3/25 – Report Cards Go Home
- 3/25 – Manners Meal – K-2nd Grade
- 3/30 – Pre-K Nutrition Program w/Macoupon Co Cooperative Extension
- 3/30 to 4/3-- Spring Book Fair – Children's store 8a-9a & 2:15p-3p daily. VOLUNTEERS NEEDED
- 4/7 – K-2 Math & Science Family Night – 6pm – Featuring "Wacky Science" Presentation – Elementary Gym
- 4/15 – Blood Drive for Liam Ireland at North Mac Elementary

Week at a glance:

- Sneak peek at next week:
 - 3/18 – End of Quarter Three
 - 3/20 – Pre-K Field trip to Sportabouts – Various times throughout the day
 - 3/20 – World Story Telling Day
 - 3/20 – Beach Lunch in the Elementary Gymnasium

Week's Menu:

- Friday, March 13 --
Breakfast – Cereal with Muffin, Fruit, Juice and Milk
Lunch – Cheese Pizza, Carrot Sticks w/Ranch, Cherry Tomatoes, Sorbet and Milk