

***Wellness Policy Needs Assessment-2016***

<b>Goals for Nutrition Education</b>	<b>Met (Y/N)</b>	<b>Comments</b>
Students in grades PreK- 12 receive nutrition education as part of a sequential, standards-based program coordinated within a comprehensive health education curriculum.	Y	-daily physical education -required health education and classes
Nutrition education is integrated into the standards-based lesson plans of other subjects.	Y	-science class lessons
<b>Goals for Physical Activity</b>	<b>Met (Y/N)</b>	<b>Comments</b>
Students in PK participate in physical activities as part of the daily curriculum.	Y	-K-5 classrooms use brain break physical activities -PK daily physical activity -elementary and intermediate school recess
Students in grades K-12 participate in daily standards-based physical education which is consistent with state standards.	Y	-daily PE for all grades K-12
Elementary students have daily, supervised recess.	Y	-staff supervise recess
Physical activities are available to students through a range of after-school programs.	Y	-sports and league activities available for students
<b>Goals for Parent Partnerships</b>	<b>Met (Y/N)</b>	<b>Comments</b>
Schools support parents' efforts to provide a healthy diet and daily physical activity for their children in elementary through high school.	Y	-posting of school menus -CEP participation: grades K-8
Parents receive information from the schools to help them incorporate healthy eating and physical activity into their student's lives.	Y	-family nights for PK -Panther Pack Program

<b>Goals for Consistent School Activities and Environment-Healthy Eating</b>	<b>Met (Y/N)</b>	<b>Comments</b>
Food providers share information about the nutritional content of school meals and/or individually sold foods with students, family and school staff.	Y	-menu planning is posted and available on websites
School meals are served in a clean, safe and pleasant setting with adequate time to eat. The National Association of State Boards recommends that students have at least 10 minutes after sitting down for breakfast and 20 minutes for lunch to eat.	Y	-school scheduling allows time for students to eat meals -late arrivers allowed time to complete breakfast
Food service personnel have pre-service training and regularly participate in professional development activities.	Y	-online training available -food show attendance -re-certification required
Food providers take every measure to ensure that student access to foods and beverages on school campuses meets federal, state and local laws and guidelines.	Y	-no snack machines available -access to sugary soft drinks restricted to adults-only areas of schools
Foods and beverages brought into school for parties/celebrations/meetings are encouraged to be healthy options.	Y	-approved snack list reviewed and updated for 2016-17
Students are not permitted to leave school grounds to purchase foods or beverages.	Y	-closed campus
All foods and beverages on campus comply with the federal, state and local food safety and sanitation regulations.	Y	
Access to any area involved in storage, preparation or service of food is limited to authorized personnel.	Y	-students not allowed in kitchen areas

<b>Consistent School Activities and Environment -Physical Activity</b>	<b>Met (Y/N)</b>	<b>Comments</b>
The physical activity facilities on school grounds are safe.	Y	-annual compliance inspections completed
The school works with the community to create a safe and supportive environment for students to walk or bike to school.	Y	-local bank support for crossing guards -hazardous routes -police patrol begin and end school day
<b>Food or Physical Activity as a Reward or Punishment</b>	<b>Met (Y/N)</b>	<b>Comments</b>
School personnel are encouraged to use nonfood incentives or rewards with students.	Y	
School personnel do not use physical activity as punishment or withhold participation in recess or physical education class as punishment.	Y	-Elementary school should follow requirements and not hold recess for punishment