



North Mac CUSD #34

Elementary School Information

217/965-5424

Today is Wednesday, April 21st, 2021

News

10 Tips For Surviving The End Of The School Year:

This time of year can be tough, even for experienced parents. It can be physically and mentally draining as you try to get everything done and still be an amazing parent. Having a plan in place is the key to success. It is important to know how you will manage your time and your student's behavior. Here are ten tried-and-true easy to implement and practical tips for surviving the end of the school year.

- 1) **LOOK FORWARD.** - Give extra hugs, compliments, and words of affirmation. Your students have grown accustomed to their schedule. The thought of not seeing their teacher next year can be sad, scary, or unsettling. Be sensitive to that and make them feel loved and valued. Help them get excited about next year and all that they will learn.
- 2) **PRACTICE PATIENCE.** - Understand that your students are excited for the summer. It's probably going to be most obvious in their behavior. Try to have extra patience. Redirect instead of yelling. Summer will be here before you know it! This is a great time of year to practice self-care. We all know this is a busy time of year. Don't forget to take time to relax. Grab a cup of coffee/soft drink and talk. Put your cell phone away and get lost in Netflix. Whatever self-care is to you, take the time. It'll make surviving the end of the school year so much easier.
- 3) **REMEMBER AND REFLECT.** - Set aside time for students to talk about and reflect on their school year. They can write about their experiences, draw a picture, or just talk about it. Or older students might create a skit to re-enact their favorite day while the others guess which day/activity they are acting out. Student Memory Books are fantastic for this time of year. They are a perfect way to gather students' thoughts and experiences throughout the year. Plus it serves as a sweet memento for them to look back on.

Reminders/Calendar:

- 4/22 - FREE Illinois Extension Office after school program. Contact: econrady@illinois.edu
- 4/22 – Earth Day – Make your yard an oasis for birds and creatures to enjoy nature or start a recycling program at your home/office.
- 4/28 – Board Meeting at High School - 6:30p (Limited seating due to Covid restrictions. Please call 217/627-2915 to make reservation.)
- 4/29 - FREE Illinois Extension Office after school program. Contact: econrady@illinois.edu
- 4/30 – Arbor Day – Plant a Tree! Students will be encouraged to wear something green that day.
- 5/07 – Cubs/Cardinals Dress Up Day – Wear something to support your favorite team and we will enjoy some stadium food!
- 5/10-5/14 – End of the Year IReady Testing – It is important to be at school – rested and ready to go.
- 5/14 – North Mac Ag Day – Students need to wear full leg coverings and closed toe/heel shoes (sneakers, boots, etc.). NO SANDALS/FLIP FLOPS
- 5/20 – Pre-K Screening – Elementary School, noon to 6pm, by appointment. Age 3 by 9/1/2021. Contact Brooke Early at number above.
- 5/21 – Pre-K Screening – Elementary School, 9am to 2pm, by appointment. Age 3 by 9/1/2021. Contact Brooke Early at number above.
- 5/25 – Students' Final Day/Modified Fun Day – Early Dismissal. Due to Covid Restrictions, this will be scaled back and without guests.
- 5/26 – Board Meeting at High School - 6:30p (Limited seating due to Covid restrictions. Please call 217/627-2915 to make reservation.)
- 6/23 - Board Meeting at High School - 6:30p (Limited seating due to Covid restrictions. Please call 217/627-2915 to make reservation.)

Week's Menu:

(Each day for breakfast the children will enjoy a fruit, a juice and a milk. For lunch they will enjoy a vegetable, a fruit and a milk.)

Wednesday the 21st –

Bfast – Toast w/Cereal

Lunch – Turkey and Cheese Sandwich

Thursday the 22nd –

Bfast – Breakfast Bites

Lunch – BBQ Rib

Friday the 23rd –

Bfast – Mini Donuts

Lunch – Pizza Calzone