



North Mac CUSD #34

Elementary School Information

217/965-5424

Today is Monday, April 26th, 2021

News

10 Tips For Surviving The End Of The School Year:

This time of year can be tough, even for experienced parents. It can be physically and mentally draining as you try to get everything done and still be an amazing parent. Having a plan in place is the key to success. It is important to know how you will manage your time and your student's behavior. Here are ten tried-and-true easy to implement and practical tips for surviving the end of the school year.

6.) ROUTINES ARE IMPORTANT.

Routines shouldn't change just because the school year is winding down. When the routines change, you can be sure that student behavior will follow. Now is not the time to slack off or make big changes in your schedule. You can't expect your students to give their 100% if they feel it isn't important. Sleeping and eating patterns should be consistent too.

7.) BRAIN BREAKS ARE A MUST.

Just like you, you're students are also working hard on surviving the end of the school year! Don't expect them to work for long periods of time trying to finish everything. You've got to get them up and moving and stretching! Incorporate fun stuff. Games, dancing, or practice counting through jumping jacks. Practice spelling through squats. Not only will your students love it, but you'll get a great workout!

8.) IT'S OKAY TO START OVER.

Seriously, a reminder of the rules and your expectations are needed. Or make some new rules. Students thrive on structure and knowing what is required of them. Make goals for to end the year, and perhaps plan rewards for after.

Reminders/Calendar:

- 4/28 – Board Meeting at High School - 6:30p (Limited seating due to Covid restrictions. Please call 217/627-2915 to make reservation.)
- 4/29 - FREE Illinois Extension Office after school program. Contact: econrady@illinois.edu
- 4/30 – Arbor Day – Plant a Tree! Students will be encouraged to wear something green that day.
- 5/03 – Deadline for Fun Day T-Shirt orders to be turned into office (with payment.)
- 5/07 – Cubs/Cardinals Dress Up Day – Wear something to support your favorite team and we will enjoy some stadium food!
- 5/10-5/14 – End of the Year IReady Testing – It is important to be at school – rested and ready to go.
- 5/14 – North Mac Ag Day – Students need to wear full leg coverings and closed toe/heal shoes (sneakers, boots, etc.). NO SANDALS/FLIP FLOPS
- 5/14 – Last Day of Pre-K School.
- 5/20 – Pre-K Screening – Elementary School, noon to 6pm, by appointment. Age 3 by 9/1/2021. Contact Brooke Early at number above.
- 5/21 – Pre-K Screening – Elementary School, 9am to 2pm, by appointment. Age 3 by 9/1/2021. Contact Brooke Early at number above.
- 5/25 – Students' Final Day Modified Fun Day – Early Dismissal. Due to Covid Restrictions, this will be scaled back and without guests.
- 5/26 – Board Meeting at High School - 6:30p (Limited seating due to Covid restrictions. Please call 217/627-2915 to make reservation.)
- 6/23 - Board Meeting at High School - 6:30p (Limited seating due to Covid restrictions. Please call 217/627-2915 to make reservation.)

Week's Menu: (Each day for breakfast the children will enjoy a fruit, a juice and a milk. For lunch they will enjoy a vegetable, a fruit and a milk.)

Monday the 26th –	Bfast – Pop Tart w/Cereal	Lunch – Chicken Nuggets
Tuesday the 27th –	Bfast – Muffin w/Cereal	Lunch – Quesadilla
Wednesday the 28th –	Bfast – Cook's Choice	Lunch – Cook's Choice
Thursday the 29th –	Bfast – Honey Bun	Lunch – Mini Corn Dogs
Friday the 30th –	Bfast – Yogurt w/Cereal	Lunch – Bosco Sticks